

Royal Oak, Poyning's

WHILE YOU WAIT

Marinated Mixed Olives, Bread, Balsamic Vinegar & Oils

– £6.00 –

Homemade Hummus, Mixed Olives & Breads

– £6.50 –

SOMETHING TO START WITH

🍷 Deep Fried Brie Wedge

– Served with Cranberry Sauce & Rocket Salad £7.50 –

🍷🥗 Goats Cheese, Capsicum, Beetroot & Walnut

– Honey Glazed Goats Cheese, Roasted Peppers, Roasted Beetroot & Walnut Oil £8.00 –

Prawn & Avocado Salad

– Cooked Baby Peeled Prawns in Marie Rose Sauce & Avocado with Gem Lettuce, Bread & Butter - (GFA) £9.00 –

Charcuterie Platter

– Cured Meats, Salami, Chorizo & Parma Ham, Sun blushed tomato, Olives, Piccalilli & Bread - (GFA) £9.50 –

THE MAIN EVENT

Sussex Ploughmans

– with Brie, Stilton & Cheddar, Coleslaw, Apple, Celery, Balsamic Onions, Piccalilli, Mixed Leaf Salad, & Bread - (GFA) £15.50 –
+ Add Ham £2.00 extra +

🍷 Vegetarian Risotto

– Seasonal Greens & Rocket Pesto Risotto with Parmesan Shavings - (VGA) £15.50 –

🍷 Ravioli of the day

– Vegan Tomato Sauce & Garlic Bread £16.00 –

Bangers & Mash

– Butchers Sausages, Buttered Seasoned Mash, Garden Peas, Red Onion Jam & Gravy £16.00 –

🍷 Jackfruit & Bean Burger

– with Lettuce, Guacamole, Mixed Leaf Salad on a Toasted Bun & Skin on Fries (VGA) £16.00 –
+ Add Vegan Cheese for 50p +

Royal Oak Cheese Burger

– with Cheddar, Lettuce & Tomato in a Toasted Bun, Skin on Fries & Coleslaw - (GFA) £17.00 –
+ Add bacon for £1 extra +

Royal Oak Dirty Burger

– Spiced Beef Brisket, Spicy Mayo Dressing, Cheddar, Lettuce & Tomato in a Toasted Bun, Fries & Coleslaw - (GFA) £18.00 –
+ Add bacon for £1 extra +

🍷 Fish & Chips

– Golden Battered Fresh Fish, Chunky Chips, Garden Peas & Tartar Sauce £17.00 –

Pie of the Day

– with Gravy, Buttered Mash & Seasonal Vegetables £17.00 –

SOMETHING FOR THE LITTLE ONES

Beef Burger

– with Lettuce & Tomato in a Toasted Bun & Fries - GFA £9.00 –

Cheese Burger

– with Lettuce & Tomato in a Toasted Bun. & Fries - GFA £9.00 –

Fish Fingers & Chips

– Battered Fresh fish, Skin on Fries, Garden Peas £9.00 –

Bangers and Mash

– Butchers Sausages, Buttered Mash, Peas & Gravy £9.00 –

🌱 Vegetarian Risotto

– Seasonal Green & Rocket Pesto Risotto with Parmesan Shavings - VGF £9.00 –

SANDWICHES SERVED 12PM & 3PM MONDAY TO FRIDAY'S ALL SANDWICHES ARE GLUTEN FREE AVAILABLE

BLT

– Bacon, Lettuce, Tomato & Mayo £9.00 –

Prawn & Avocado

– Prawns in Marie Rose Sauce with Sliced Avocado & Pea-shoots £9.50 –

Cheese & Chutney

– Grated Mature Cheddar & Tomato Chutney £8.50 –

New York Deli

– Peppered Pastrami, Gherkins & Mustard Mayo £9.50 –

SOMETHING SWEET TO END WITH

Ice Cream

– Locally sourced ice Cream - asked for our daily flavours £2.50 –

Chocolate & Walnut Brownie with a Gooey Centre

– with Fresh Fruits & Ice Cream £8.00 –

Sticky Toffee Pudding

– with Sticky Toffee Sauce & Ice Cream £8.00 –

Cheese Board

– Three Cheese's, Onion Jam, Grapes, Celery, Apple, Crackers & Butter - GFA £10.00 –

PLEASE SEE BLACK BOARD FOR OUR DAILY SPECIALS
